

Policy Written: February 2015

Completed by: L. Gardner (PSHE co-ordinator)

Dunstone Primary School is a suburban primary school with high pupil mobility due to naval housing. NOR 180 (variable). Majority of pupils are white British, with a small number of Polish, German, mixed race and traveller families.

Dunstone Primary School Sex and Relationships Policy

Rationale

Children need a positive caring environment in which to build healthy relationships and learn about sexual responsibility and reproduction. The School recognises that parents play a vital part in this development.

Policy Statement

Sex and Relationships Education (SRE) is learning about our bodies, reproduction and puberty within the context of emotions, relationships and healthy choices. It lays the foundations for future work on sexual and reproductive health and so helps to prepare children for adulthood. It contributes to the emotional and social development of children helps them to develop a secure sense of identity and to function well in the world. (SEF 2005)

At Dunstone we ensure that SRE is taught age appropriately:

Foundation and KS1 explore healthy choice; growing and changing; staying safe and being responsible for yourself.

Years 3/4 continue this work by exploring friendships, changes, life cycles, as well as living a healthy lifestyle.

Year 5/6 learn about aspects of SRE in more detail including puberty, sexual relationships, birth and choices.

Statutory Requirements for SRE.

1996 Education Act can be summarised as follows:

- ◆ The biological elements of SRE including puberty and reproduction as set out in the National Curriculum Science order are mandatory for all pupils.
- ◆ All Schools must provide an up-to-date policy that describes the content and organisation of any SRE provided outside the N.C. Science Order. It is the school governors' responsibility to ensure that the policy is developed and made available to parents for inspection.
- ◆ Primary Schools should have a policy statement that describes the SRE provided, or that gives a statement of the decision not to provide SRE other than in that provided in the National Curriculum Science Order.

SRE is linked closely to other cross curricular policies, which can be consulted for more information, including:

- ◆ Science
- ◆ Behaviour and Anti-Bullying
- ◆ Child Protection
- ◆ PSHE
- ◆ Health and Safety
- ◆ Equal Opportunities

Aims

- ◆ To promote a positive ethos within the school to support teaching and learning.
- ◆ To ensure that all individuals are respected and are encouraged to respect each other.
- ◆ To acquire relevant and age appropriate information in order to prepare children for changes in puberty, family life and adulthood
- ◆ To clarify and develop attitudes and values that builds self esteem and promotes healthy well being.
- ◆ To support children in developing the personal and emotional skills which enable them to develop emotionally, participate in society and make healthy choices.

Moral and Values Framework

DFES Guidance 2000, states that SRE in primary schools should ensure that all pupils:

- ◆ develop confidence in talking, listening and thinking about feelings and relationships
- ◆ are able to name parts of the body and describe how their bodies work
- ◆ can protect themselves, ask for help and support, and are prepared for puberty.

At Dunstone Primary School, we aim to develop responsible attitudes to emotional health and well being, healthy eating, exercise, drug education, safety and citizenship. This is taught within the framework of Personal, teaching of Sex and Relationships Education, Personal; Social, Health Education (PSHE) and where appropriate through cross curricular links.

Equal Opportunities: The SRE curriculum is made accessible to all pupils and takes into account their individual needs and family situations. Where necessary, lessons are differentiated or pupils are provided with extra support. (See Equal Opportunities Policy for more details.)

Organisation and Planning

The SRE and PSHE Curriculum:

- ◆ is developed by the co-ordinator Miss L. Gardner in conjunction with the teaching staff
- ◆ is taught by class teachers with the support of specialist outside agencies who include the Life Education Caravan and the School Nurse.
- ◆ is fully inclusive and when appropriate arrangements are made to ensure that all children have full access to the curriculum
- ◆ is ongoing throughout the Primary Years with specific information given at appropriate times according to the age and needs of the children.
- ◆ is taught during specific lessons and during science topic about Animals, including humans. In addition positive relationships are encouraged at all times and where appropriate taught through cross curricular links.
- ◆ is assessed by class teachers through discussion and informal recording within lessons.
- ◆ is taught using a range of resources which may include:
 - SEAL materials
 - Folens publications
 - Life Education Caravan visit and resources
 - Videos- Living and growing, Birth Care and growth, Our friends, Ourselves, Emotional Literacy.
 - BBC Active -Sex and Relationship Education -Interactive Whiteboard Software
 - Weekly R-Time sessions.
 - Outside agency visits and resources- including where to access support as appropriate.
 - Assemblies led by staff and visiting speakers.

During Sex and Relationship Education lessons:

Years 3/4 continue this work by exploring friendships, changes, life cycles, as well as living a healthy lifestyle.

Year 5/6 learn about aspects of SRE in more detail including puberty, sexual relationships, birth and choices. The timetable is arranged so that boys and girls can be taught separately and where possible by a member of staff of the same sex. The School Nurse talks to boys and girls separately about menstruation and sanitary arrangements are discussed.

During all SRE lessons, a safe environment is created by the staff and confidentiality boundaries are established at an early stage and children are encouraged to respect the needs of the opposite sex.

Specific Issues

- ◆ Legislation states that 'parents have the right to withdraw their children from any and every aspect of sex education that is not taught as part of the statutory curriculum'
- ◆ Parents may exercise their right to withdraw their children from planned Sex and Relationship Education but are encouraged to view the materials and discuss any queries with the teacher
- ◆ SRE materials and curriculum materials are made available for parents to view before Sex Education teaching takes place. Parents are also welcome to ask questions and address any concerns
- ◆ This policy is supported by other school policies which include Anti-Bullying and Positive Behaviour. Inappropriate comments or behaviours will be dealt with according to these policies
- ◆ Any disclosures made by children will be kept confidential and reported to the Child Protection Officer in accordance with the Child Protection Policy
- ◆ At all times staff will respect and take into account individual lifestyle choices and discuss sensitive issues using the third person. Difficult questions will be answered in a sensitive, age appropriate manner.

Dissemination

- ◆ The policy will be available to parents and carers through Dunstone Primary School's website.
- ◆ The policy and implementation will be monitored by the PSHE co-ordinator through discussions with staff, pupils and parents.
- ◆ The policy will be reviewed every two years.